



Health & Wealth Calendar

Plan your goals

Health:
Chalk out a realistic plan for your child's health

Wealth:
Make a list of your child's future financial needs



Assess your child's health & wealth

Health:
Take a full health & fitness assessment

Wealth:
List your investments according to short, medium or long term

Healthy diet, wealthy future

Health:
Begin a healthy diet for your child

Wealth:
Start investing with the aim to create a good financial future

Health counsel, investment advice

Health:
Attend a health camp with your child to keep their health on track

Wealth:
Spend some time with your financial advisor to plan your investments

Fuel your mind, fuel your future

Health:
Maintain a balanced diet for all-round comprehensive nutrition

Wealth:
Ensure a well-balanced portfolio to help reduce portfolio volatility



Health on track, investments on track

Health:
Keep a track of your child's health through periodic reports

Wealth:
Track your investments from time to time

Take a break, recharge!

Health:
A good sleep helps to keep your child alert and less stressed

Wealth:
Put your investments on auto-mode and let SIP do all the work

Monkey see, monkey do

Health:
help your kids find healthy snacking with less salt, less oil, less sweets!

Wealth:
Introduce your child to healthy investing, less spending and finding good deals



Family time, sharing time

Health:
Family meals can help sharing, bring openness and stimulate creativity

Wealth:
Share your investment details with your spouse can keep them prepared for any unforeseen events

Less screen time, less scream time

Health:
Limit your kid's TV, computer and mobile time to encourage their thinking

Wealth:
Don't believe everything on social media, take investment advice only from your financial advisor

An Investor Education & Awareness Initiative by HSBC Mutual Fund

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